

INS^{TO} IDEO The Heart Factory

MATTHEW 15:10-20

I. Inward godliness is not produced from _____ actions.

A. Jesus condemns religious _____ as the solution to our sin.

And he called the people to him and said to them, "Hear and understand: it is not what goes into the mouth that defiles a person, but what comes out of the mouth; this defiles a person." vv. 10-11

B. Jesus cautions against following "_____ leaders."

Then the disciples came and said to him, "Do you know that the Pharisees were offended when they heard this saying?" He answered, "Every plant that my heavenly Father has not planted will be rooted up." vv. 12-14

II. Outward actions are the product of the _____ heart.

A. Jesus encourages a focus on the _____ as the source for godliness.

But Peter said to him, "Explain the parable to us." And he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth passes into the stomach and is expelled? But what comes out of the mouth proceeds from the heart, and this defiles a person. For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false witness, slander. These are what defile a person. But to eat with unwashed hands does not defile anyone." vv. 15-20

Identify and discern what my heart is producing.

FOCUSING
ON THE
HEART
A DAILY
EXERCISE

How is Christ more beautiful, valuable or satisfying than my sin?

Repent and realign.

What boundaries or disciplines might I add to keep my heart focused on Christ?





1. How do you tend to compare yourself to other Christians? What kinds of situations (reading books, going to church, social media, listening to podcasts, etc.) cause you to make comparisons?

COMING UP AT CHRIST CHAPEL

Here's a glimpse at what you need to know for this week at Christ Chapel. If you'd like to find out even more, visit www.ccbcfamily.org/events. That's a great spot to see what's coming up!

HAPPY 4TH OF JULY! In observance of the Independence Day holiday, Christ Chapel offices will be closed tomorrow, July 4.

KIDSCAMP TO GO KidsCamp is the best week of the summer where kids Grade 1-4 learn all about the gospel with crazy games, rock concert sing-alongs, funny skits and Bible lessons with a small group of kids their age. This year you can take the fun to your backyard! KidsCamp To Go is an outreach opportunity to host your own KidsCamp at home. When you sign up, you'll get a box with all supplies and teaching materials included. Learn more at cbcfamily.org/events.

VOLUNTEER WITH KIDS MINISTRY Are you looking for a place to serve this summer? Our Kids Ministry is an incredible place to grow in your own faith and pour into the lives of the next generation. You will see firsthand the gospel take shape and root in the hearts of every child that walks through our doors. You won't want to miss what God is going to do this summer! To learn more, email childrens@christchapelbc.org.

ENCOURAGED AND EQUIPPED Our Women's Ministry has an incredible resource for you! Search for the Encouraged and Equipped podcast to hear stories from other Christ Chapel women as they encourage and equip you through their lives and love for Christ. Listen as they share their wisdom in how an everyday issue can be met with the hope and wisdom of Jesus. Join in on the conversation by going to your favorite platform for podcasts and listen today.

MAKE CHRIST CHAPEL MUSIC A PART OF YOUR DAILY SOUNDTRACK. Did you know Christ Chapel's contemporary worship team has several albums and EPs? There's also an album for kids, plus best-of compilations of KidsCamp tunes! Just search "Christ Chapel Music" wherever you get your music to listen this week.

CATCH SOMETHING NEW THIS SUMMER ON THE CCBC APP. If you're looking for some hope and truth to ground you this summer, the Christ Chapel app is home to messages from our Sunday teaching team, Women's Ministry, Men's Ministry, Renovate and more. To find it, search "Christ Chapel Bible Church" in your app store.

LOOKING FOR THE CONNECT CARD? Scan the QR code here to fill out a Connect Card. Our team will reach out this week to answer your questions and tell you more about Christ Chapel.

IF YOU'D LIKE TO GIVE AN OFFERING TODAY, YOU CAN DO SO STRAIGHT FROM YOUR PHONE. The process is quick and easy—text CCBCFW to 833-422-7200 to get started.

GET UPDATES AND ENCOURAGEMENT FOR YOUR WEEK. Throughout the week, we like to post updates, events and encouragement on our Facebook and Instagram accounts. They're online communities we love and think you will too! Search @christchapelbiblechurch to find us and follow along.

2. Read Matthew 15:10-20. What difference between tradition and God's truth is Jesus pointing out here? How does it surprise you?

3. What traditions do we have in our churches today? How can these cause problems? Can traditions be neutral?

4. If you think back over the last week or two, how do you notice yourself subtly sliding into legalism in regard to how you viewed others, or even yourself?

5. What effect would you see in your daily life if you applied this teaching of Jesus and the thoughts from this sermon?

FOR THIS WEEK

SCRIPTURE MEMORY VERSE:

Matthew 15:18

"But what comes out of the mouth proceeds from the heart, and this defiles a person."

JOURNAL:

Matthew 15:10-20

"One thing that makes legalism so dangerous is that it always flows out of the best of intentions. Legalists never see themselves as legalists. They see themselves as obedient. They never think of their extrabiblical rules as extrabiblical. They consider them to be profoundly biblical, the careful application of all that the Bible implies.

"Litmus test Christianity is never a good thing. It causes us to ask the wrong questions. It pits one part of the body of Christ against another. It plays to pride, fosters exclusivity, and flows out of a heart of legalism. I'm concerned that the new boundary markers and litmus tests of today are not leading us back to New Testament Christianity; they're leading us back to New Testament Phariseism. They're simply the newest iteration of old-school legalism.

"The moment we allow our personal passion and calling to become the litmus test and shibboleth by which we decide who is and who isn't a genuine disciple, we've taken a step too far. At that point, we're no longer building the kingdom; we've started to tear it down. We've become new-school legalists."

LARRY OSBORNE, *Accidental Pharisees: Avoiding Pride, Exclusivity and the Other Dangers of Overzealous Faith*

JOURNAL Matthew 15:10-20

Whatever enters the mouth goes into the stomach and exits the body as waste, so food never touches the heart; but what comes out of the mouth begins in the heart, and these things defile a person. This teaching of Jesus was astonishingly new to orthodox Jews. The Lord had to repeat this lesson to Peter a few years later when calling him to preach to the Gentiles. Paul also dealt with it himself. Read the passages below and note any insights that occur to you.

Acts 10

1 Timothy 4:4-5

Romans 14