

I. Sex has God-ordained \_\_\_\_\_ inside the bounds of marriage.

Now concerning the matters about which you wrote: "It is good for a man not to have sexual relations with a woman." But because of the temptation to sexual immorality, each man should have his own wife and each woman her own husband. vv. 1-2

**GOD'S MULTI-FACETED PURPOSE FOR SEX INSIDE MARRIAGE**

- Purity (1 Cor 7:1-2)
- Procreation (Gen 1:28)
- Partnership (Gen 2:18)
- Picture (Eph 5:31-32)

Look at sex as a reflection of the \_\_\_\_\_ each spouse senses in your marriage.

Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. Genesis 2:24

FIRST CORINTHIANS 7:1-5

In Bounds

II. Sex is something to \_\_\_\_\_ out of love rather than take by "right."

The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not have authority over her own body, but the husband does. Likewise the husband does not have authority over his own body, but the wife does. vv. 3-4

Look to serve your spouse with \_\_\_\_\_ before you expect intimacy.

Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Philippians 2:3-4

III. Sex is never to be \_\_\_\_\_ for selfish reasons.

Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control. v. 5

Look to God as the tie that binds to \_\_\_\_\_ you in your marriage.

Two are better than one, because they have a good reward for their toil. ... a threefold cord is not quickly broken. Ecclesiastes 4:9, 12b

# UNDIVIDED

## DEVOTIONAL & HOME GROUP STUDY

1. How has the world's culture influenced what we think sex should look like? How does it contradict God's design?
2. Read 1 Corinthians 7:1-5. What responsibilities does Paul place on each spouse? Why?
3. Why is it important that a couple go into marriage "equally yoked"? (See also 2 Cor 6:14-18.)
4. What role does security play in God's design for sex? Why does the world's idea of sex never provide that security?
5. If casting off moral restraint through sexual immorality is damaging to marriage, in what ways is severe, overly puritanical restraint equally damaging?
6. What does it look like for you to serve your spouse with sensitivity going forward?



### DEACON & ELDER ELECTIONS

Per the Constitution, a members-only congregational vote by ballot will be taken on Sunday, Aug. 29 to affirm nominations for Deacon and Elder candidates. The results will be announced that day at the Annual Meeting in the Sanctuary on the Fort Worth Campus at 1 p.m.

Only constitutional members who have completed the formal membership process at Christ Chapel are eligible to vote. If you are unsure whether or not you are a constitutional member, please contact Kim at [KimS@christchapelbc.org](mailto:KimS@christchapelbc.org).



Scan this QR code to review these names for your prayerful consideration of this year's

Deacon and Elder candidates on our website. Members will receive notification the weekend of the election with a link to the ballot. Paper ballots will also be made available at each campus on the day of the election.

Inquiries regarding candidates should be directed to David White, Elder Board Chairman, at [wdwhite@firstcommand.com](mailto:wdwhite@firstcommand.com).

## COMING UP AT CHRIST CHAPEL

Here's a glimpse at what you need to know for this week at Christ Chapel. If you'd like to find out even more, visit [www.ccbcfamily.org/events](http://www.ccbcfamily.org/events). That's a great spot to see what's coming up!

### TODAY'S THE LAST DAY TO APPLY FOR THRIVE.

Whether you are struggling through anxiety, fear, feeling stuck, spiritual discontentment or something else, there's a place for you to be real, challenged and changed at Thrive. The discipleship experience helps you get to the roots of sin and suffering in your life and embrace the freedom and redemption Jesus offers. Learn more and apply at [www.ccbcfamily.org/thrive](http://www.ccbcfamily.org/thrive).

**SIGN UP FOR A FALL BIBLE STUDY!** Are you looking for community this fall? Band of Brothers and Women in the Word will be back in September with brand-new studies! Guys, Band of Brothers will be talking about what Jesus came to bring and why it matters in a study called "Thy Kingdom Come." Women in the Word will be in the book of Hebrews with a series called "Greater > Than" that's full of encouragement to help you trust Jesus is greater than all. Learn more about both studies and sign up at [www.ccbcfamily.org/events](http://www.ccbcfamily.org/events).

### RE|ENGAGE STARTS NEXT SUNDAY, AUG. 22.

Together you've faced no shortage of challenges this past year. If you're struggling to get along, worried you're breaking apart or just ready to spend extra time investing in your relationship, we have a place for the two of you. Through teaching, a small group community and stories of grace, you'll have the opportunity to work on your relationship together. Learn more and register at [www.ccbcfamily.org/reengage](http://www.ccbcfamily.org/reengage).

### REGISTER YOUR KIDS FOR FALL MUSIKGARTEN CLASSES—IT'S ALL KINDS OF MUSIC FUN!

Music is a fantastic way for young children to grow physically, emotionally and socially. That's why we're offering Musikgarten classes starting next month for ages 0 to 5. Your little ones will have fun making sounds, singing along and playing instruments with new friends. Plus the class is a way for parents to connect as well! See the fall schedule and register at [www.ccbcfamily.org/events](http://www.ccbcfamily.org/events).

**JOIN THE NEW CCBC FAMILY TEXT!** Yes, you read that right—there's a new CCBC Family text service here to help you stay updated on must-know news. If you'd like to receive important updates from Christ Chapel via text message, text "ccbcfamily" to 24253.

### THE AUGUST CCBC DATE NIGHT EXPERIENCE IS HERE.

All about finding contentment as a couple, the August plan includes a dinner recipe, some ways to encourage each other, intentional conversation starters and ideas for praying together. Save some time for your next date and then visit [www.ccbcfamily.org/events](http://www.ccbcfamily.org/events) for the plan.

**LOOKING FOR THE CONNECT CARD?** Scan the QR code here to fill out a Connect Card. Our team will reach out this week to answer your questions and tell you more about Christ Chapel.

**IF YOU'D LIKE TO GIVE AN OFFERING TODAY, YOU CAN DO SO STRAIGHT FROM YOUR PHONE.** The process is quick and easy—just text "CCBCFW" to 833-422-7200 to get started.

### EXERCISE FOR THIS WEEK

#### Begin Praying With Your Spouse

##### 1. Consider how the enemy of our souls doesn't want us praying together.

Anything that strengthens your bond and causes you to come together in like-mindedness will be considered dangerous to Satan and he'll do whatever it takes to prevent it—through distraction, misunderstanding, interruptions, feelings of intimidation, personal fatigue, etc.

**2. Talk to God first about your desire to pray with your spouse.** Ask Him for time in your schedule, for wisdom in suggesting it, and that He will prepare the heart of your spouse to desire this time with you.

**3. Set a time.** Get creative with scheduling time to pray. There will be times you or your spouse will need to postpone or reschedule. Be flexible and extend grace.

**4. Ease into it.** There's a reason prayer is considered a spiritual discipline—it will take work. Start with praying together once a week, then gradually increase until it becomes a part of your schedule.

**5. Keep it short and simple.** Limit your prayer time to the basic or most pressing needs on your heart.

**6. Keep it safe and supported.** Be open about how praying aloud together can be intimidating. Agree that anything prayed for won't be analyzed, critiqued or shared with others.