

# WHO YOU SAY I AM

We're constantly asking ourselves who we are. We develop, work on, exercise, mature, educate and refine ourselves; and we ask a lot of questions along the way. Questions like: "Who do you want me to be?" or if we're feeling particularly healthy, "Who do I want to be?" But the reality underneath all of our personal development and refinement is that we actually started with something broken that we're desperately trying to fix.

We live in a culture that has two responses to this brokenness: One response comes in the form of voices of affirmation, keeping us feeling broken or unworthy; magnifying any emptiness, loneliness or anxiety as it creeps in. Those voices offer inadequate solutions to actually fix these growing problems. The other response we often find are the voices that would tell us we're not inherently broken. There's nothing wrong with us. We're just victims, and any inadequate feelings we have must be because of someone else, and we should punish them and move toward any truth that makes us feel most comfortable.

There's a third option: Christians talk about it all the time, but their lives often reveal a difficult journey in applying it. Join our conversation as we dig into Scripture and ask a miraculous God to do miracles in our life as we ask Him the question: Who do you say that I am?



# WHO YOU SAY

## I AM

Self improvement is one of the biggest discussions for personal development in our world today. Use this diagnostic tool to learn more about your process for growth and share with someone else to see what similarities and differences you have in your process.

- ◀ If you could change something about yourself, what would it be? Why would you do it? How would you go about it?
- ◀ What do you do when you feel frustrated or disappointed in yourself?
- ◀ Who do you go to for advice? Why do you go to them? How does this person make you feel? What do you do afterward?
- ◀ Are self-improvement and behavior modification basically the same thing? How so/not? How are either helpful in the quest to find yourself?
- ◀ On the spectrum of objective and subjective truths, where would you place your knowledge of who you are as truly YOU? Why?

OBJECTIVE  
TRUTH



SUBJECTIVE  
TRUTH

- ◀ Which of the following statements do you agree with most/least?
  - You are not enough.
  - You are enough.
  - You can be made more than enough.



POSITIVE OR NEGATIVE, YOU ARE BEING LED AND CHANGED ... EVEN IF YOU DON'T EXPLICITLY SEE IT.

RENOVATE LIVE  
FIRST WEDNESDAYS  
7 p.m.  
3701 BIRCHMAN AVE.  
FORT WORTH, TX

